

## Cudlee Creek Horse Owners Network 'Looking after your [Horse] mates'

## 7pm 3 February 2020 Woodside Hall 30 Onkapringa Valley Road, Woodside

This workshop is for the friends, mates, extended family, club members and colleagues who are supporting and working with property managers and horse owners within the Cudlee Creek fire ground, who are also most welcome.

Delivered by the Red Cross, the topics to be covered:

- What to expect over the recovery period
- Tips on how to 'check-in' on friends
- How to look after yourself while looking out for others

Supporters for, and property owners of any types of livestock are also welcome. Come along, network, share ideas.

Registrations appreciated: https://www.trybooking.com/BHVPT

Enq: Email horsesa@horsesa.asn.au Mob 0402488306

